The Principal,

Govt. V.Y.T.PG. Autonomous College, Durg (C.G.)

Subject: Application to accord your kind permission.

Respected Sir,

This is to inform your good self that the members of Women Cell want to conduct Lecture on Stress Many programme/ activity on ... 5 - 1.2 - 17.

I therefore request you to kindly accord your kind permission in this regard and oblige.

Thanking you.

Yours faithfully

Convenor, Women Cell and Vishakha committee

Govt. V.Y.T. PG. Autonomous College, Durg.C.G.

Principal

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Principal
Govt.V.Y.T.P.G. Autonomous College
Durg (C.G.)

# Govt. V.Y.T. PG Autonomous College Durg (C.G.)

## Women Cell and Vishakha Committee

#### <u>Notice</u>

All the students of Govt. V.Y.T.PG Autonomous College are hereby informed
that Lectur on Stress management is
going to be held in Room No
Date 57.12: atAM/PM

Womes Cell and Vishakha committee

Principal

Principal
GovEV.Y.T.P.G. Autonomous Colleges
Durg (C.G.)

### Lecture on Stress Management

05.12. 2017

Objective: To Understand how to deal with Stress.

Women cell, Vishakha Samiti & Psychology department of college jointly organized a guest lecture on 'Stress Management, Dr. Ushakiran Agrawal, professor, psychology, Govt. D.B Girls College, Raipur delivered a lecture on 1st December 2017.

Dr. Ushakiran Agrawal explained how stress is a part of human life and explained causes of stress and, its effects on body and mind. She explained in detail the way to manage stress effectively. She told that the effective stress management helps us to minimize the stress in our life, so that we can be happier, healthier, and more productive. The program was appreciated by faculty and the students. Total girls 51 and boys 31 attended the program.





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Durg (C.G.)

Der

## OFFICE OF THE PRINCIPAL GOVT. V.Y.T. PG. AUTONOMOUS COLLEGE, DURG (C.G.)

(Accredited with 'A+' Grade by NAAC)
Ph.No. 0788-2359688 Fax No. 0788-2359688
Website: www.govtsciencecollegedurg.ac.in

Durg, Date: 03/10/2017

#### Notice

All the postgraduate students are hereby informed that the Department of English is organising a two day workshop on 'Communication and Interview Skills' on 6<sup>th</sup> and 7<sup>th</sup> October, 2017. All the students should be present in the Tagore Hall before 11.00 am.

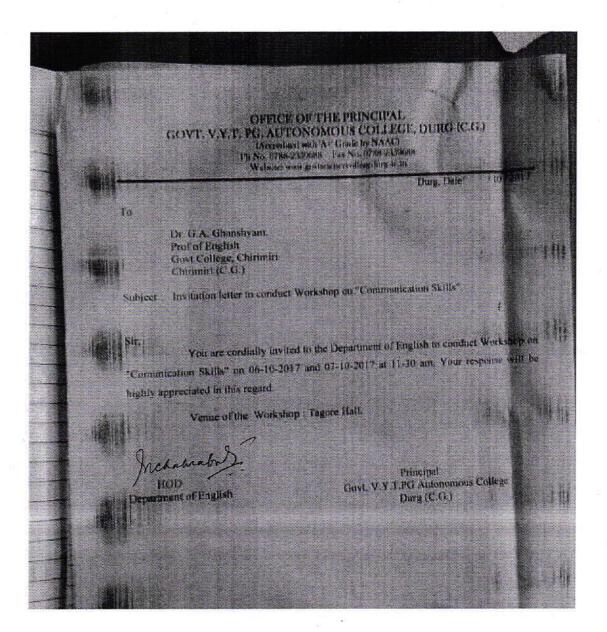
Mchahaba Head, Dept of English

T. P.G TUNDOO

Govt. V.Y.T.PG Autonomous College.

Durg (C.G.)

Principal
Gevt. V.Y.T.P.G, Autonomore
College, Durg (C.G.)





Principal

Covt. V.Y.T.P.G. Autonomous

College, Durg (C.G.)

Two-Day Workshop on co and Interview sail A Report - cation and entires skills was organized for the Ry students of M.A. English Sen T and Sen IV on 6 th and 7th october 2017 in the Tagore Hall. The conduct this two day workshap was Ds G.A. Gharelyon, Professor of English Gout Cottage Chironini The objective of the workship was to improve English Communi cation stills and denotes the competency of the students to fee interviews The workshop was inaugurated the Principal of the institution who in his inaugural speech unged the students to make full us the workshop in order to enhance their communicative cally and bearn techniques & skills to face interviews. to heart jet t welcome in the go The objectives of the workshap. Dr G. A. Ghanshyson began his deliberating empharized the med of iteaching & Interview skills







Principal
Govt. V.Y.T.P.G. Autonomous
College, Durg (C.G.)

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Principal CY.T.P.G. Autonomous tlege, Durg (C.G.)

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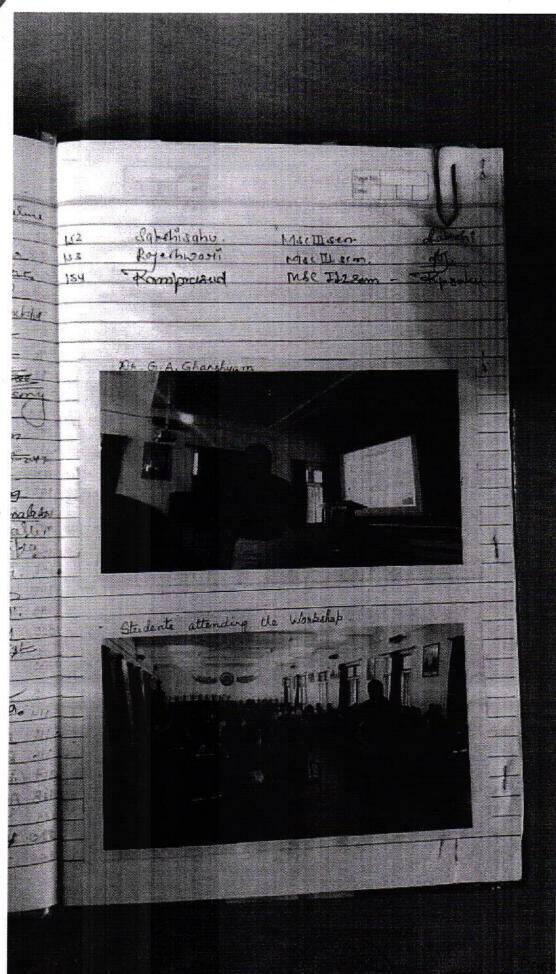
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Professor & Head

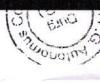




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College, Durg (C.C.)

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#### Three-day awareness program on Self-defense

by

## Budo Marshal Art Association, Chhattisgarh 24<sup>th</sup> Sept. to 26<sup>th</sup> Sept. 2016

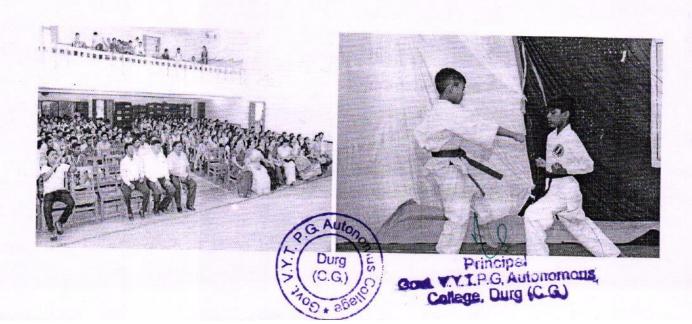
Objectives – To teach the art of self-defense to develop a well-balanced mind and body, through training in fighting techniques.

Self-defense and self-protection are the important priorities for women. The most common crime to happen to a woman is rape, but it is more about a feeling of dominance from one person over another rather than actual sex. The main aim of Martial Art training is to physically defeat other persons and to defend oneself or others from physical threat.

Three-day training program on self-defense was organized by Women Cell and Internal Complaint Cell (Vishakha samiti) for girls by **Budo Martial Art Association, Raipur, Chhattiagarh.** Total 31 Students attended this program.

















Principal
Gort V.Y.T.P.G, Autonomous
Coffese, Durg (C.G.)

#### Awareness Programme on Self Defense

#### by Durg Police-Raksha Team

28.09.2016

Objectives – to prepare boys and girls for any situation that may bring harm to them

Awareness Programme on Self Defense by Durg Police - Raksha Team - Mrs. Monika Pandey TI, Raksha team in charge of district police addressed the students of college on 28<sup>th</sup> sept.2016 and gave information about how girls should be alert for their own safety and also talked about Face book account, Tweet App and Email etc. set up by Raksha team for the safety of girls. About 93 students (F 77 & M 16) attended this program











Principal

Cotton Durg (C.G.)

## **Department of Psychology**

दिनाँक: 08/11/2016

#### अतिथि व्याख्यान

#### सत्र:2016-17

#### सूचना

मनोविज्ञान विभाग में डॉ. पी. के. श्रीवास्तव, सेवानिवृत प्राध्यापक, कल्याण महाविद्यालय, भिलाई का Psychodynamic Approach of Behavior विषय पर पर अथिति व्याख्यान- दिनाँक- 11/11/2016 को 11.00 am से आयोजित किया जा रहा है. आप सभी छात्र- छात्राएँ आमंत्रित है.

विवरण : विवरण :

व्याख्यान की तिथि- 11/11/2016

ट्याख्यान का विषय- Psychodynamic Approach of Behavior

स्थानः SMART CLASS ROOM

समय: 11.00 am

प्रतिभागी- छात्र-छात्राएं

धन्यवाद

**विभागाध्यक्ष** 

मनोविज्ञान

HOD Department of Psychology Govt. V.Y.T. P.G. Autonomus College, Durg (C.G.) Durg (C.G.)

Principal
Tਧੀਟ Govt. V.Y T.P.G. Autonomo
College Durg (Ç.G.)

शा.वि.या.ता.स्नातकोत्तर स्वशासी

महाविद्यालय, दुर्ग

## Department of Psychology

### <u>अतिथि व्याख्यान हेतु अनुमति</u> <u>सत्र:2016-17</u>

दिनॉंक: 05/11/2017

प्रति प्राचार्य, शा.वि.या.ता.स्नातकोत्तर स्वशासी महाविद्यालय, दुर्ग.

विषय: अथिति व्याख्यान कराने बाबत प्राचार्य महोदय जी ,

मनोविज्ञान विभाग में डॉ. पी. के. श्रीवास्तव, सेवानिवृत प्राध्यापक, कल्याण महाविद्यालय, भिलाई का अथिति व्याख्यान कराने हेतु आपकी ओर प्रस्ताव प्रेषित है. कृपया अनुमति प्रदान करने का कष्ट करे.

विवरण :

**ट्याख्यान** की तिथि- 11/11/2016 **ट्याख्यान** का विषय- Psychodynamic Approach of Behavior प्रतिभागी- छात्र-छात्राएं

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विभागाध्यक्ष

ਸ਼ਗੇਬ੍ਰਿज਼ਾਰ Pepartment of Psycholog Govt. V.Y.T. P.G. Autonomus College, Durg (C.G.) धन्यवाद

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Principal
Govt.V.Y T.P.G. Autonomous
College Durg (C.G.)

## Department of Psychology

#### REPORT ON

A Guest Lecture on Psychoanalytical approach to Behaviour
Date: 11.11.2016

#### Objective:

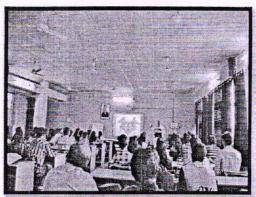
To develop practical insight of Psychoanalytical approach of Behavior.

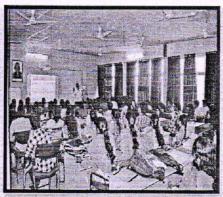
A Guest lecture was organized by department of psychology on 11/11/16 at the A.P.J.Abdul Kalam Hall . The lecture was delivered by Dr. P.K. Shrivastava, Retired Head of the department of Education, Kalyan College, Bhilai on the topic "Psychoanalytical approach to Behaviour". Dr. Shrivastava highlighted the necessity of understanding hidden motives that lay repressed in the unconscious mind and influence behavior. More than 50 students were participated in this event.

Outcomes: Student learnt about Psychoanalytical approach to Behaviour with projective techniques.









Convenor HOD Department of Psychology Govt V.Y.T. P.G. Autonomus College, Durg (C.G.)

Principal
Principal
Govt.V.Y T.P.G. Autonomous
College Durg (C.G.)



Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Interaction with Alumni	16.12.2016	14	Shri Amit Soni(G.S.I),Smt Bhuneshwari Patle ( DGM), Dr. Benidhar Deshmukh(IGNOU) Chanchal Singh(NIT)



Outcome of this activity

The UG students got answers to their queries regarding job prospects in Geology

DURG C.G. 18Th

Principal
Govt.V.Y.T.P.G. Autonomous
College.Durg.(C.G.)

Department of Geology
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