

International Women's day celebration

08.03.2020

LECTURE ON WOMEN'S LEGAL RIGHTS

Objective: To make women aware of legal rights.

An expert lecture on legal rights for women organized by Govt. V.Y.T.PG Autonomous College, Durg Under the joint aegis of Women's Cell and Vishakha Committee of the college on occasion of International Women's Day.

Advocate Ms. Sharmila Singhai said that women will have to set limits on their own endurance and fight for their dreams and rights on their own. He advocated fearless upbringing of girls. Through question-answer, the girls got detailed information about how to register an FIR, how to avoid blackmailing mail and the basic rights of women at the workplace.



LECTURE ON WOMEN'S LEGAL RIGHTS

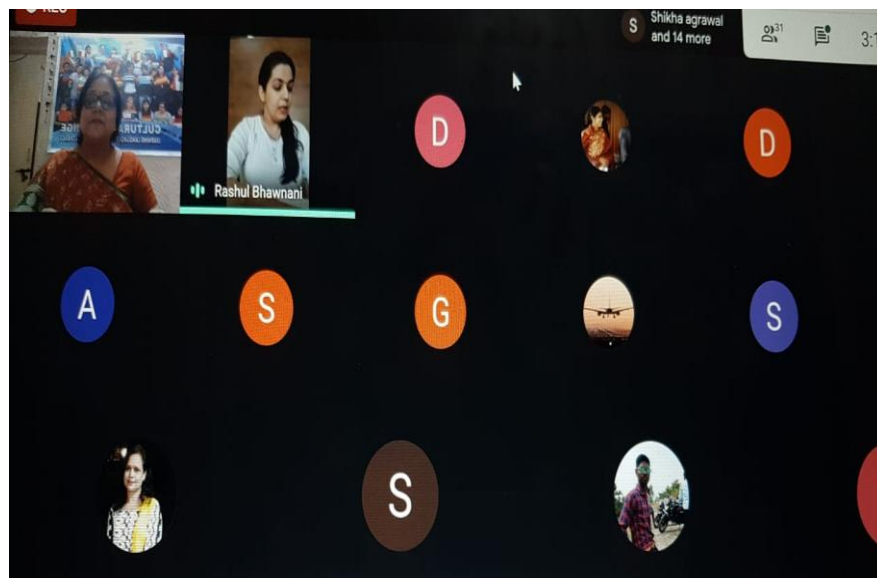
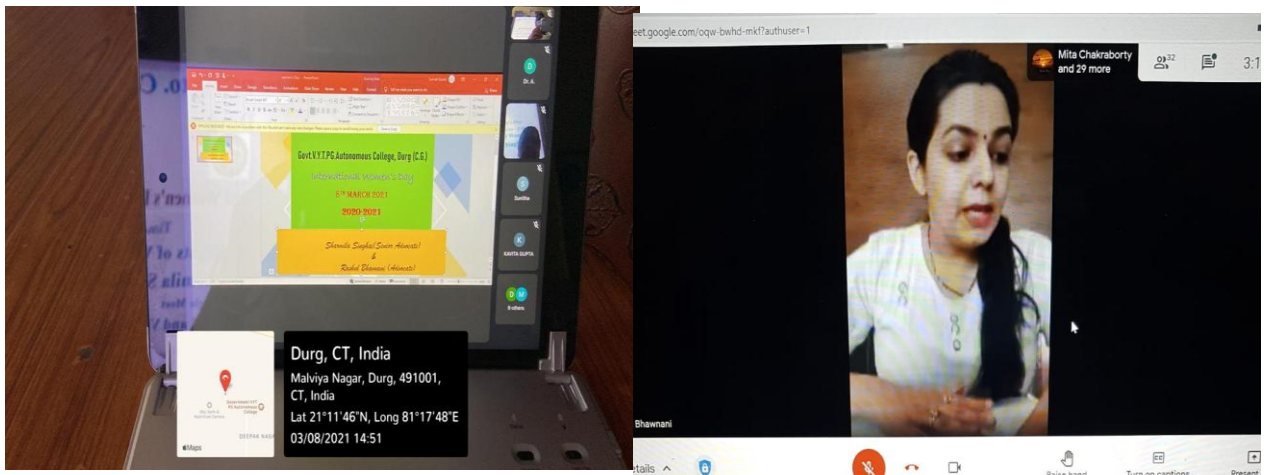
International Women's Day

8 March 2021

Objective: To make women aware of their legal rights.

Under the joint aegis of Women's Cell and Vishakha Committee of the Govt. V.Y.T.PG Autonomous College, Durg organized an expert lecture on legal rights for women by Ms. Rasul Bhavnani, Advocate, High Court, Chhattisgarh on occasion of International Women's Day.

She recounted the history of the day to spread awareness of women's rights, gender equality and empowerment. She said in his lecture that until women are not aware of their rights, they will not be empowered. Explaining in detail the law of domestic violence, equality of treatment at work place, the law against harassment at the place , female feticide law, women's privacy protection law, she said that these are legal women have got for the safety and dignity .



Online awareness program on Covid 19 & Hygiene

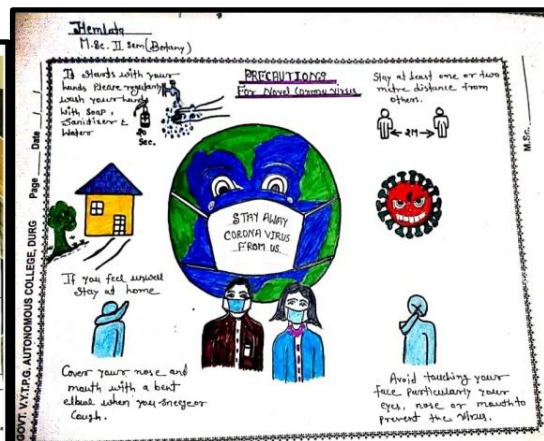
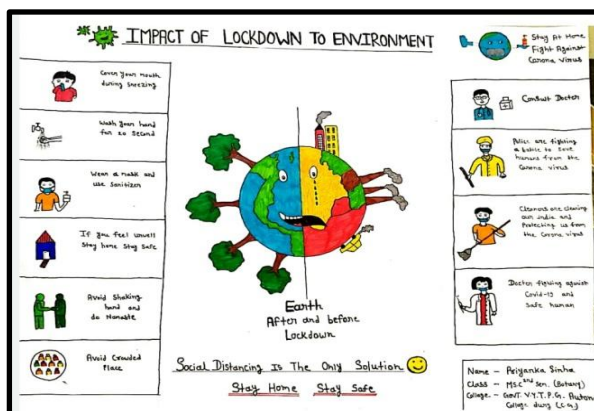
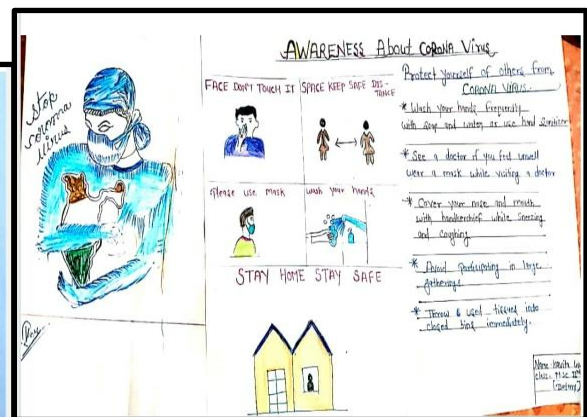
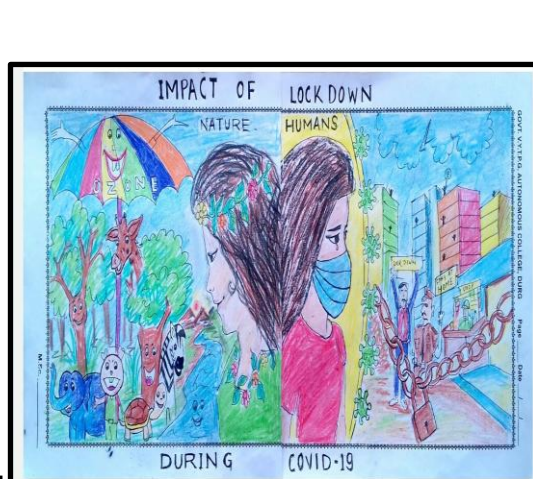
E Poster making competition

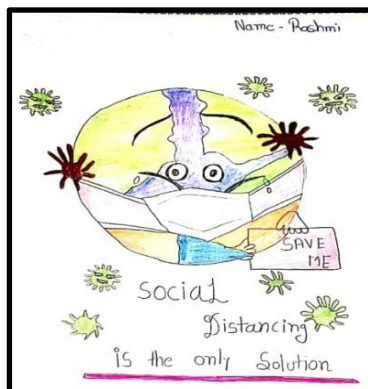
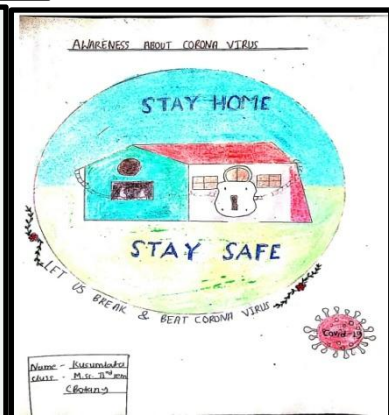
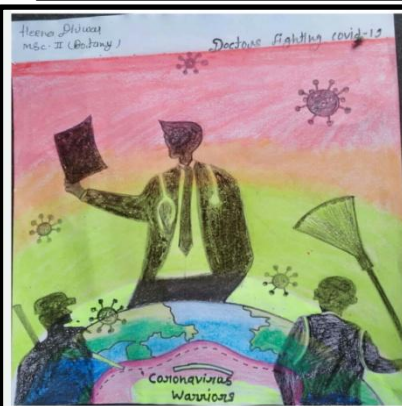
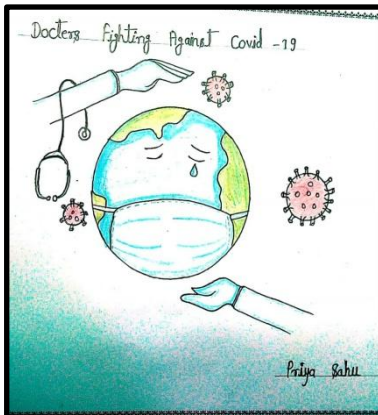
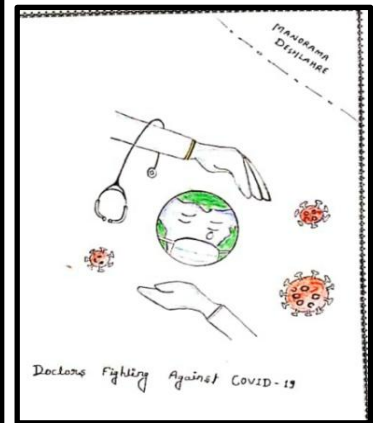
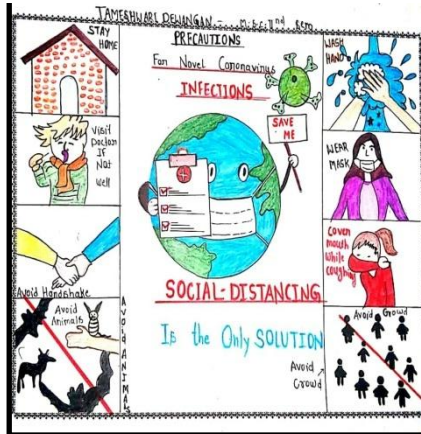
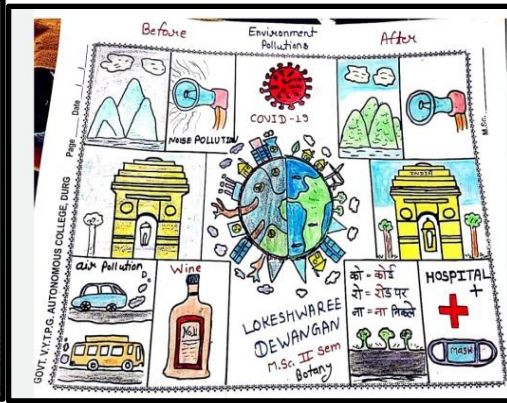
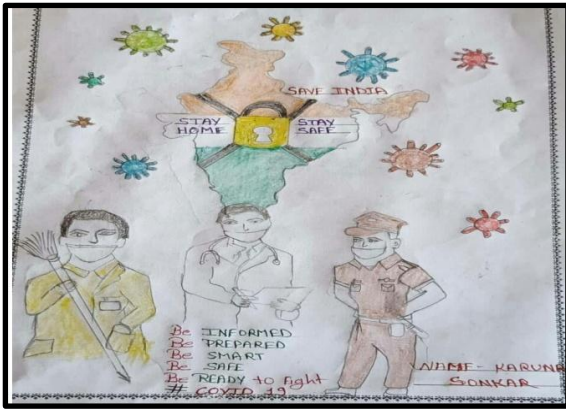
12.06.2020

Objective: To bring out the creative expression of students and gauge their awareness about Covid 19 and Hygiene.

A Poster making activity was organized by Women cell, Vishakha samiti and Botany department of college on the theme “The Covid 19 & Hygiene” for PG students. The main aim of this poster making competition was to create awareness among students coming from rural areas how to maintain hygiene during pandemic when all the educational institutions were locked down due to Covid 19 crisis. We received a good response in a very short period of time, Total 21 students participated in this awareness program.

program.





One day National Webinar
on
Transgenders in the Contemporary Society
12.09.2020

Objective: To bring the transgender community into the main stream of society

A one day National webinar was organized by IQAC, Women cell and the members of Criterion 7 on 12 Sept.2020. The resource persons for the programme were Ms Raveena Bariha, Consultant (Transgender) National Institute of Social Defence, New Delhi, MsGeetika Vedika, Writer Theatre Artist, First song writer of Indian Transgender Dialogue, Tikamgarh, M.P. and Sri T.P.Sharma, Research Scholar , Sociology, Labour Welfare Officer (CBSE). The programme was inaugurated by the Vice Chancellor of Hemchand Yadav University ,Durg, Dr ArunaPalta . 89 Participants attended the programme.

In her welcome address and introduction of the topic,

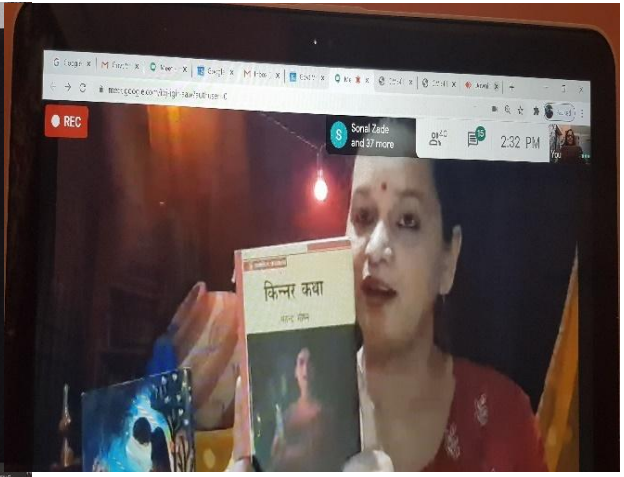
Dr. Somali Gupta spoke that it was found that the students feel inhibited to express themselves on the issues of transgenders and find it difficult to accept or talk about their sexuality. She was hopeful that such webinars and open forum talk would make the youth understand that there is no stigma attached to transgenders.

In her inaugural address Dr ArunaPalta congratulated the team for organizing a webinar on such a sensitive issue of diversity and inclusion. He spoke about the need to educate and sensitize students towards the LGBTQ groups and raise awareness to form a more inclusive society.

Ms. Raveena Bariha, herself a Transgender explained how Transgenders are different from the regular Male and Female genders. She spoke about their plight, lack of recognition within the society and why education is must for all to understand and empathize with the transgenders.

Ms. Geetika Vedika spoke on the books she has written and her experiences with the transgender community. She also spoke how she was ostracized by the society because she mixed with the transgenders. She read excerpts of her poems and raised the need of such awareness programmes.

Shree T.P Sharma who is currently doing research on transgenders as a community spoke on his experiences with the community and explicitly stated that steps need to be taken to integrate them into the mainstream of the society. The marginalization process of being termed as different hence unacceptable has been going on for long. Now NGO, Govt and other bodies must come forward and accept their presence respectfully. 107 students and professors registered and attended the program.



या है।
अनेक
किया
म्बर
हान
9वें
00
वस

विद्यार्थियों तक पहुँचाया गया है।
प्राथमिकता होगी। मढ़रिया लंबे किया है।

साइंस कॉलेज के नेशनल वेबिनार वेद-पुराण में भी किन्नरों को मिला सम्मान तो समाज में भी हो उनका मिले सम्मान

दुर्ग @ पत्रिका . नेशनल इस्टीमेट ऑफ डिफेंस में बतौर सलाहकार अपनी सेवाएं दे रही रवीना बारिहा ने थर्ड जेंडर के प्रति लोगों के नजरिये में बदलाव की जरूरत पर जोर दिया है। शासकीय विश्वनाथ यादव तामस्कर स्नातकोत्तर स्वशासी महाविद्यालय में ट्रांसजेंडर्स पर आयोजित राष्ट्रीय वेबीनार में रवीना ने ट्रांसजेंडर्स का प्रतिनिधि बनकर अपनी बात रखी। मुख्य अतिथि दुर्ग विवि की कुलपति डॉ अरूणा पल्टा थी। अध्यक्षता महाविद्यालय के प्राचार्य डॉ आरएन सिंह ने की। रवीना बारिहा ने वेदों, पुराणों

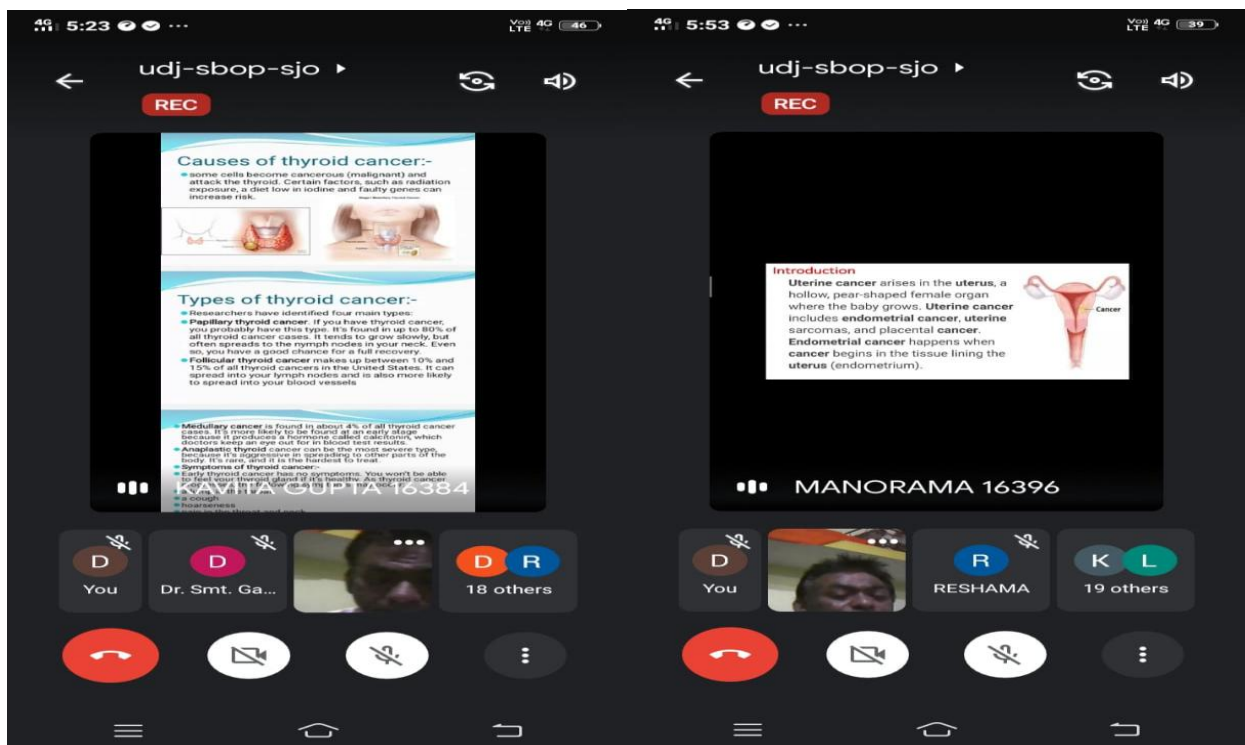
और इतिहास में किन्नरों की भूमिका और स्थान का उल्लेख कर कहा कि इस तरह के विषयों पर निरन्तर विमर्श की जरूरत है। टीकमगढ़ मध्यप्रदेश की रंगमंच कलाकार एवं लेखक गीतिका वेदिका ने स्वरचित काव्यपाठ कर प्रतिभागियों को भावुक किया। लेबर वेलफेयर अधिकारी एवं ट्रांसजेंडर्स पर शोध करने वाले टीपी शर्मा ने समाज में ट्रांसजेंडर्स की दशा और दिशा तथा उनकी समस्याओं पर अपनी बात रखी। डॉ सोमानी गुप्ता के संयोजन में हुए इस वेबिनार संचालन डॉ सुचित्रा शर्मा ने किया।

Awareness program on Cancer

07.11.2020

Objectives – to create awareness among the people cancer prevention, early detection and treatment

A virtual program on Cancer awareness was organized by Women cell and Internal complaint cell on 7th Nov. 2020 for PG students. This program was presided by Dr. Ranjana Shrivastava, convener, Vishakha Samiti. A number of students participated in this program and discussed various types of cancers. Through the Power Point Presentation Ku. Kavita Gupta discussed about Thyroid cancer, Mr.Gopal Prasad on Skin cancer, Ku. Priyanka on Endocrine cancer, Ku. Draupation Colorectal cancer, and Ku. Manorama on Uterine cancer.



Awareness program on Corona virus vaccine

06.03.2021

Objective: To create awareness among students about the Covid vaccine

An awareness program was organized by Dept of Botany regarding corona virus vaccine in coordination with NSS and Women cell in college campus, Raipur Naka and nearby places on 6th March 2021. Principal Dr. R.N Singh addressed the students for spreading awareness regarding Corona virus. Dr. Ranjana Shrivastava, convener, Vishakha samiti briefed about the need for corona virus vaccine for controlling the spreading of the disease. Other professors of college were also present and encouraged the students. The program comprised of a short awareness rally from college to Raipur Naka by the students. Outcome was locals residing nearby got aware about the need for vaccination.



International Women's day celebration

08.03.2020

LECTURE ON WOMEN'S LEGAL RIGHTS

Objective: To make women aware of legal rights.

An expert lecture on legal rights for women organized by Govt. V.Y.T.PG Autonomous College, Durg Under the joint aegis of Women's Cell and Vishakha Committee of the college on occasion of International Women's Day.

Advocate Ms. Sharmila Singhai said that women will have to set limits on their own endurance and fight for their dreams and rights on their own. He advocated fearless upbringing of girls. Through question-answer, the girls got detailed information about how to register an FIR, how to avoid blackmailing mail and the basic rights of women at the workplace.



LECTURE ON WOMEN'S LEGAL RIGHTS

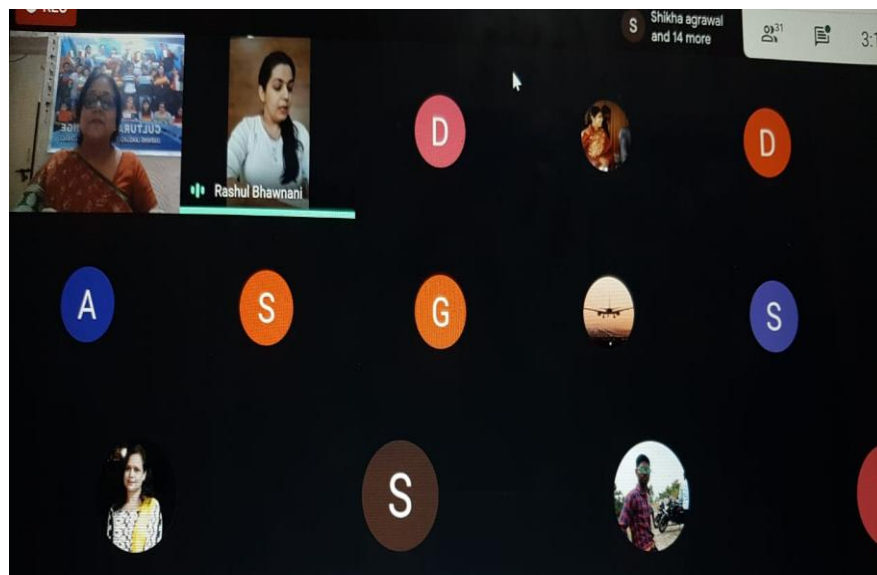
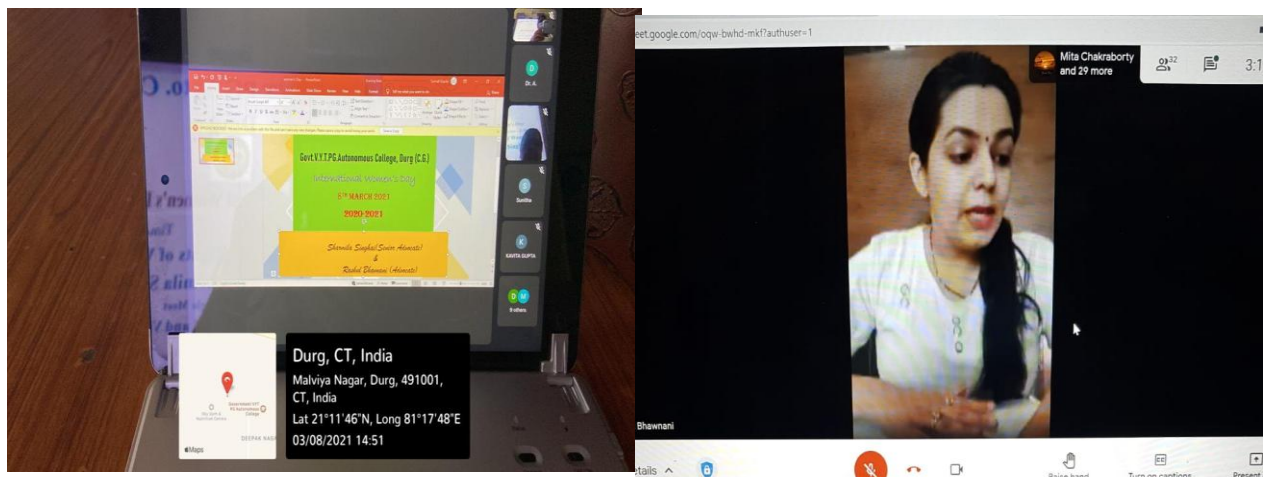
International Women's Day

8 March 2021

Objective: To make women aware of their legal rights.

Under the joint aegis of Women's Cell and Vishakha Committee of the Govt. V.Y.T.PG Autonomous College, Durg organized an expert lecture on legal rights for women by Ms. Rasul Bhavnani, Advocate, High Court, Chhattisgarh on occasion of International Women's Day.

She recounted the history of the day to spread awareness of women's rights, gender equality and empowerment. She said in his lecture that until women are not aware of their rights, they will not be empowered. Explaining in detail the law of domestic violence, equality of treatment at work place, the law against harassment at the place , female feticide law, women's privacy protection law, she said that these are legal women have got for the safety and dignity .



Online awareness program on Covid 19 & Hygiene

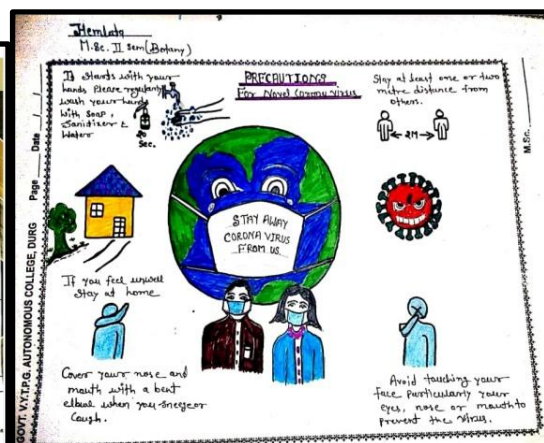
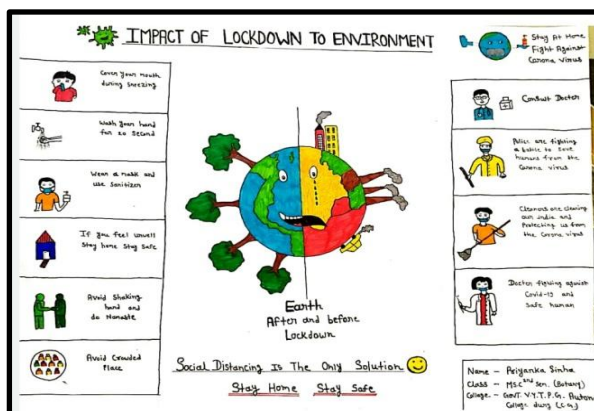
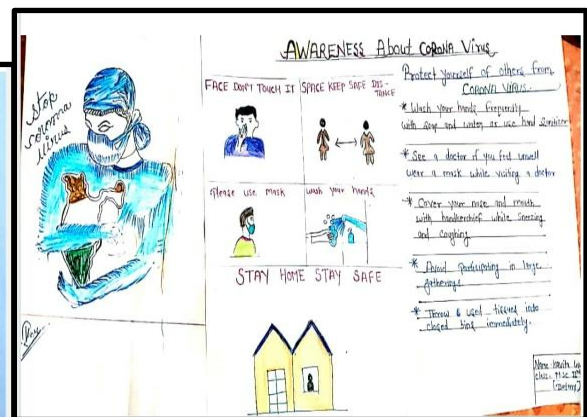
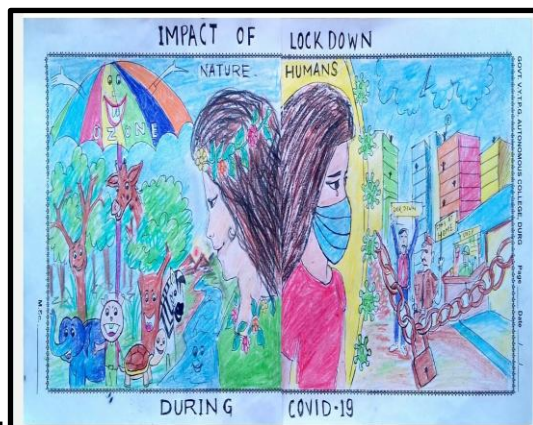
E Poster making competition

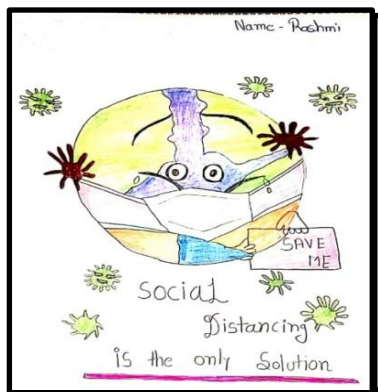
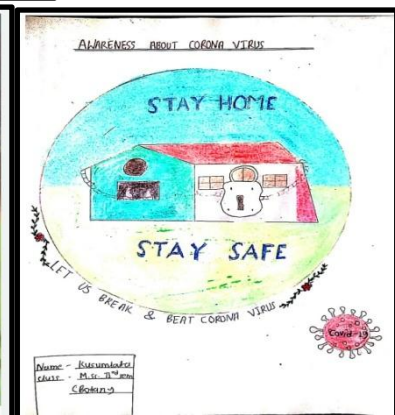
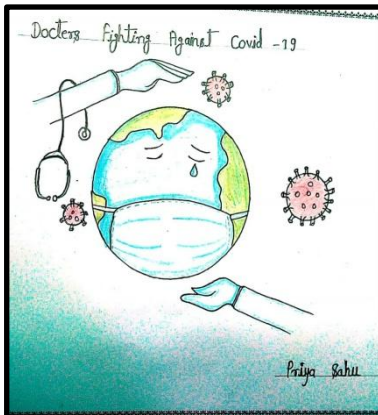
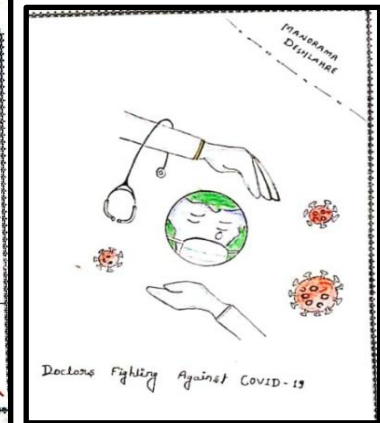
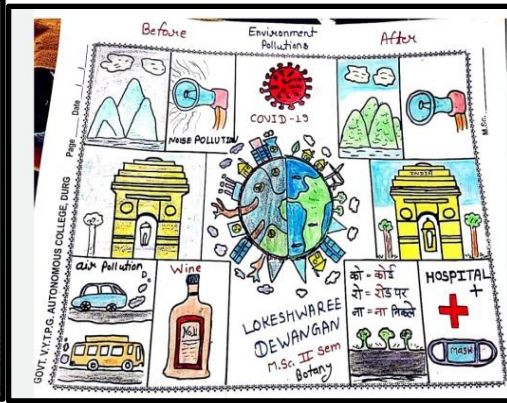
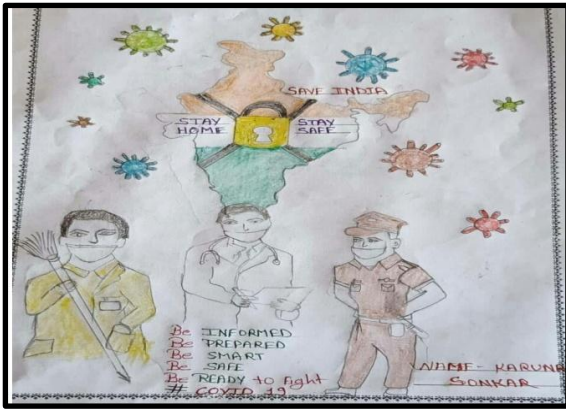
12.06.2020

Objective: To bring out the creative expression of students and gauge their awareness about Covid 19 and Hygiene.

A Poster making activity was organized by Women cell, Vishakha samiti and Botany department of college on the theme “The Covid 19 & Hygiene” for PG students. The main aim of this poster making competition was to create awareness among students coming from rural areas how to maintain hygiene during pandemic when all the educational institutions were locked down due to Covid 19 crisis. We received a good response in a very short period of time, Total 21 students participated in this awareness program.

program.





One day National Webinar
on
Transgenders in the Contemporary Society
12.09.2020

Objective: To bring the transgender community into the main stream of society

A one day National webinar was organized by IQAC, Women cell and the members of Criterion 7 on 12 Sept.2020. The resource persons for the programme were Ms Raveena Bariha, Consultant (Transgender) National Institute of Social Defence, New Delhi, MsGeetika Vedika, Writer Theatre Artist, First song writer of Indian Transgender Dialogue, Tikamgarh, M.P. and Sri T.P.Sharma, Research Scholar , Sociology, Labour Welfare Officer (CBSE). The programme was inaugurated by the Vice Chancellor of Hemchand Yadav University ,Durg, Dr ArunaPalta . 89 Participants attended the programme.

In her welcome address and introduction of the topic,

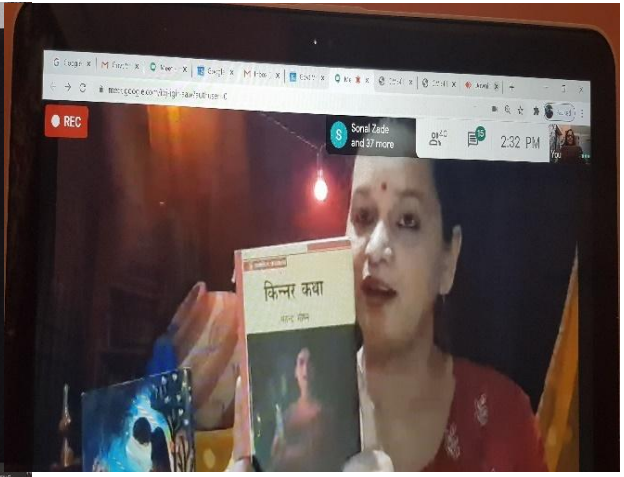
Dr. Somali Gupta spoke that it was found that the students feel inhibited to express themselves on the issues of transgenders and find it difficult to accept or talk about their sexuality. She was hopeful that such webinars and open forum talk would make the youth understand that there is no stigma attached to transgenders.

In her inaugural address Dr ArunaPalta congratulated the team for organizing a webinar on such a sensitive issue of diversity and inclusion. He spoke about the need to educate and sensitize students towards the LGBTQ groups and raise awareness to form a more inclusive society.

Ms. Raveena Bariha, herself a Transgender explained how Transgenders are different from the regular Male and Female genders. She spoke about their plight, lack of recognition within the society and why education is must for all to understand and empathize with the transgenders.

Ms. Geetika Vedika spoke on the books she has written and her experiences with the transgender community. She also spoke how she was ostracized by the society because she mixed with the transgenders. She read excerpts of her poems and raised the need of such awareness programmes.

Shree T.P Sharma who is currently doing research on transgenders as a community spoke on his experiences with the community and explicitly stated that steps need to be taken to integrate them into the mainstream of the society. The marginalization process of being termed as different hence unacceptable has been going on for long. Now NGO, Govt and other bodies must come forward and accept their presence respectfully. 107 students and professors registered and attended the program.



या है।
अनेक
किया
म्बर
हान
9वें
00
वस

विद्यार्थियों तक पहुँचाया गया है।
प्राथमिकता होगी। मढ़रिया लंबे किया है।

साइंस कॉलेज के नेशनल वेबिनार वेद-पुराण में भी किन्नरों को मिला सम्मान तो समाज में भी हो उनका मिले सम्मान

दुर्ग @ पत्रिका . नेशनल इस्टीमेट ऑफ डिफेंस में बतौर सलाहकार अपनी सेवाएं दे रही रवीना बारिहा ने थर्ड जेंडर के प्रति लोगों के नजरिये में बदलाव की जरूरत पर जोर दिया है। शासकीय विश्वनाथ यादव तामस्कर स्नातकोत्तर स्वशासी महाविद्यालय में ट्रांसजेंडर्स पर आयोजित राष्ट्रीय वेबीनार में रवीना ने ट्रांसजेंडर्स का प्रतिनिधि बनकर अपनी बात रखी। मुख्य अतिथि दुर्ग विवि की कुलपति डॉ अरूणा पल्टा थी। अध्यक्षता महाविद्यालय के प्राचार्य डॉ आरएन सिंह ने की। रवीना बारिहा ने वेदों, पुराणों

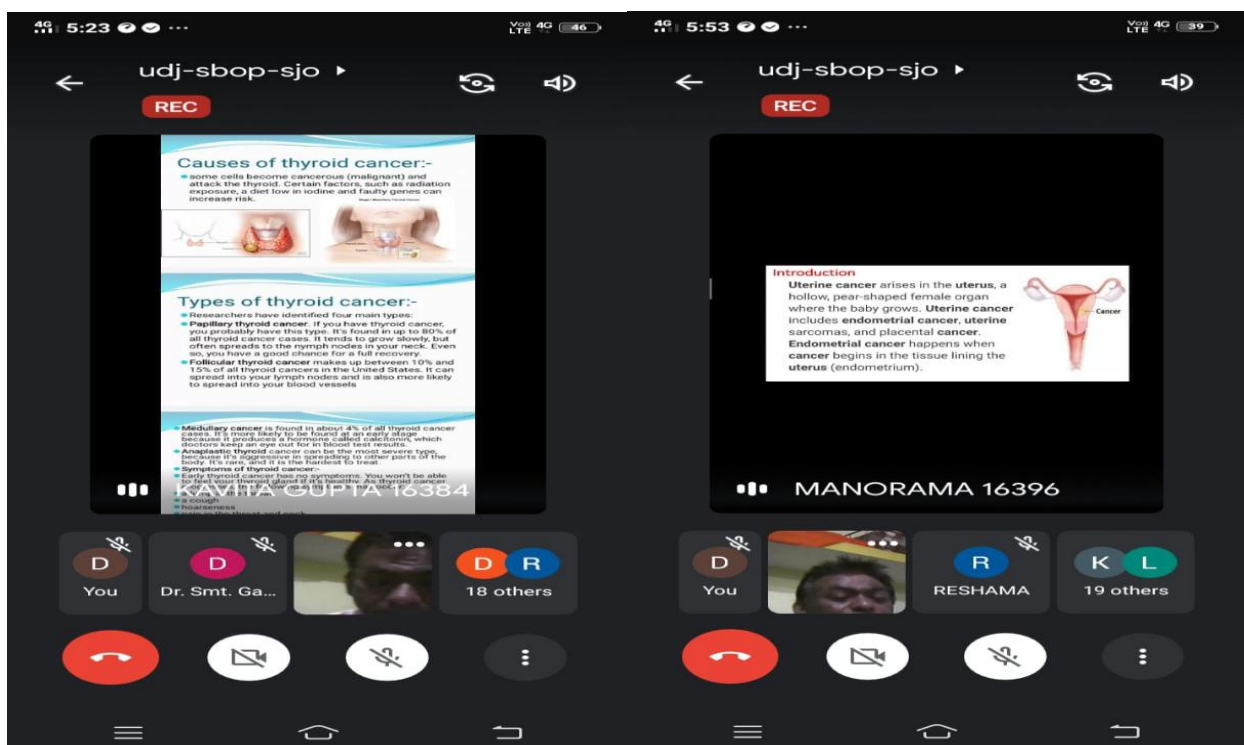
और इतिहास में किन्नरों की भूमिका और स्थान का उल्लेख कर कहा कि इस तरह के विषयों पर निरन्तर विमर्श की जरूरत है। टीकमगढ़ मध्यप्रदेश की रंगमंच कलाकार एवं लेखक गीतिका वेदिका ने स्वरचित काव्यपाठ कर प्रतिभागियों को भावुक किया। लेबर वेलफेयर अधिकारी एवं ट्रांसजेंडर्स पर शोध करने वाले टीपी शर्मा ने समाज में ट्रांसजेंडर्स की दशा और दिशा तथा उनकी समस्याओं पर अपनी बात रखी। डॉ सोमानी गुप्ता के संयोजन में हुए इस वेबिनार संचालन डॉ सुचित्रा शर्मा ने किया।

Awareness program on Cancer

07.11.2020

Objectives – to create awareness among the people cancer prevention, early detection and treatment

A virtual program on Cancer awareness was organized by Women cell and Internal complaint cell on 7th Nov. 2020 for PG students. This program was presided by Dr. Ranjana Shrivastava, convener, Vishakha Samiti. A number of students participated in this program and discussed various types of cancers. Through the Power Point Presentation Ku. Kavita Gupta discussed about Thyroid cancer, Mr.Gopal Prasad on Skin cancer, Ku. Priyanka on Endocrine cancer, Ku. Draupation Colorectal cancer, and Ku. Manorama on Uterine cancer.



Awareness program on Corona virus vaccine

06.03.2021

Objective: To create awareness among students about the Covid vaccine

An awareness program was organized by Dept of Botany regarding corona virus vaccine in coordination with NSS and Women cell in college campus, Raipur Naka and nearby places on 6th March 2021. Principal Dr. R.N Singh addressed the students for spreading awareness regarding Corona virus. Dr. Ranjana Shrivastava, convener, Vishakha samiti briefed about the need for corona virus vaccine for controlling the spreading of the disease. Other professors of college were also present and encouraged the students. The program comprised of a short awareness rally from college to Raipur Naka by the students. Outcome was locals residing nearby got aware about the need for vaccination.



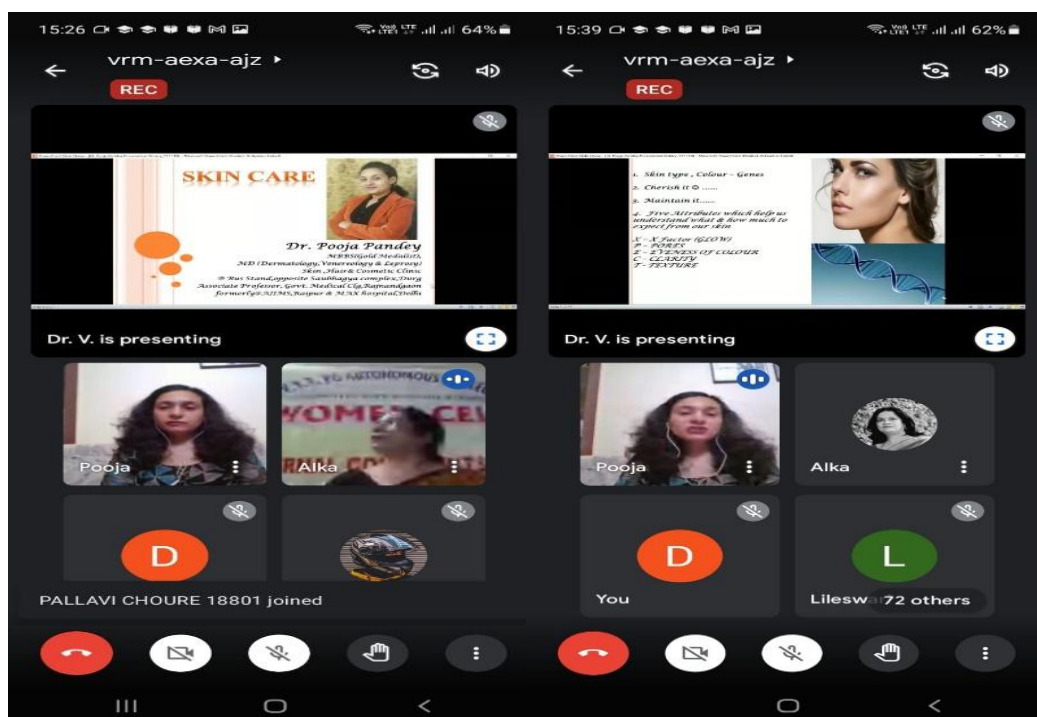
Online lecture on Skin Care

On 27.08.2021

Objective: To establish and maintain clinical knowledge, skills and attitudes appropriate to dermatologic practice.

An on-line lecture on Skin care was jointly organized by the Women cell and Vishakha committee of college on 27th August 2021 at 3:30 pm. First of all, Dr. Vijay Laxmi Naidu Nayadu, a member of Vishakha samiti introduced all the members of the both committees. Prof. Dr. Alka Tiwari introduced the Resource person Dr. Pooja Pandey, Dermatologist and also expressed her personal views on skin care.

Dr. Pooja Pandey explained the importance of skin care and told that for greater confidence and looking healthy, skin care is necessary. She advised to use medicated facewash and other skin care products in a regular routine, prescribed by a skin specialist. She focused on Exfoliation and use of Sunscreen which protects us from UV-A and UV-B radiation. She told the participants to work out for at least 1 hour a day in different ways like Yoga and different exercises or by moving to Gyms. She made it clear that for a healthy life, we should include seasonal fruits and vegetables in our regular diet which protects us from aging and works as Anti-oxidants. She advised all tips for healthy and glowing skin. She concluded her lecture by quoting that “A happy women is a beautiful woman.” In the Questionnaire session she cleared all the doubts of the participants. A total of 93 participants including Professors were present in the programme.



15:35 63%

vrm-aexa-ajz

REC

Dr. Pooja Pandey

M.D. (Dermatology, Venereology & Leprosy)
M.D. (Microbiology)
M.D. (Dermatology & Cosmetology)
M.D. (Dermatology & Cosmetology)

Associate Professor, Lecturer, Consultant

Dr. V. is presenting

Pooja

Alka

You

Lileswari 62 others

16:24 54%

vrm-aexa-ajz

REC

Pooja

Chanchal

DIKSHA SA...

Vidhi

neetu

You

RESHI 47 others

15:52 60%

vrm-aexa-ajz

REC

ADEQUATE SLEEP

- The first and the foremost of normal skin care tip are to get atleast eight hours of uninterrupted sleep every night and that's why it is often referred as beauty sleep.
- Adequate amount of sleep will add to the radiance and beauty of your skin.
- This is highly important for your skin as well as your body.

Dr. V. is presenting

Pooja

Alka

You

Dr. V. 91 others